

TRAVEL GRANT REPORT (Reykjavik, 2015)

The grant was used for a visit to the heart transplantation unit in Sahlgrenska University Hospital, Gothenburg for one week in October 2015.

Since I was at the time the only Cardiologist in Iceland taking care of heart transplant patients, it was necessary for me to gain better insight into the processes of heart transplant in Gothenburg. This included meeting with the doctors and nurses involved in the work-up of eligible patients for heart transplant and discussing the processes with them. I observed right heart catheterizations at the lab and participated in discussions about the hemodynamic findings. Also, I attended the heart transplant board meeting during the week. I spent one day at the heart transplant out-patient clinic, seeing heart transplanted patients, and discussing the follow-up procedures of transplanted patients, dose adjustments of immunosuppressive treatment, detection of side effects and long-term negative effects.

During the week there were many opportunities to strengthen the cooperation between me (representing the Icelandic side) and the doctors and other coworkers at Sahlgrenska. I also got better insights into the processes of heart transplantation and the visit was important for my professional development.

Best wishes,



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