



# Travel Grant Report Form

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## Name and origin of applicants

[State name and origin of applicants]

**NTCG**-one transplant coordinator from each center:

**Oslo**-Ingebjörg Kvangarsnes, **Århus**-Dorte Mathiasen, **Copenhagen**-Pernille van Houten, **Odense**-Bente Kaxe, **Uppsala**-Nadine Weidenberg, **Göteborg** - David den Hartog, **Helsinki**- Carola Schauman,

**Stockholm**-Ann-Christine Croon (did not participate), **Malmö**-Kerstin Karud ( did not participate)

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## Purpose granted

[State purpose of the study granted in the application]

NTCG wanted to visit and make a field trip to Tartu university Hospital

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## Amount granted

[Amount granted in DKK]

3050€

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## Time and place of visit

[State time and place of visit]

22.4.2015 ( 23.4.2015 we had the NTCG meeting in Tartu)

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## Report

[Report of the visit/study – 300 words]

We had a 2 hour round table discussion, where the director of the hospital Urmas Siigur told us about the hospital, hospital management, history and future. The hospital is under renovation, and some of the wards has not moved yet to the newer buildings.

Virge Pall, the director of transplantation, talked about the transplantation situation in Estonia, challenges and opportunities. The donor rate has been between 20 to 33 over the last 10 years, and the average pmp is 19, 6. They have 7 donor centers in Estonia of which 3 are regional and 4 central hospitals. The only transplant center is in Tartu University Hospital. Due to short waiting list, they have quite many spare organs, and most of them has been offered and transplanted in Scandiatransplant (sctp) since cooperation in 2013. Their biggest challenges are the highly immunized and high urgent patients, and small children on waiting list.

Anni K uusvek, transplant coordinator, enlightened us with the coordinators work in Estonia, and the practical issues when co-operation with sctp. They do a magnificent work and we from Scandinavia who has been there for retrieval of organs, knows that they are so professional and do a great job.

As chair for NTCG I gave a short overview about the NTCGs work and cooperation with the other groups within Sctp.

We had the opportunity to visit many departments in Tartu University Hospital. Dialysis and nephrology department, the transplant coordinators office, intensive care, the operation theater and histocompatibility lab.

The hospital had arranged a guided tour and a nice dinner, where the NTCG, Ilse Duus Weinreich and Frank Pedersen from Sctp office, the Estonian Coordinators and Virge Pall had an opportunity to discuss transplant and coordination issues.

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## Evaluation

[Personal evaluation and "lesson learned"]

The Estonian coordinators work quite similar to the Scandinavian coordinators. Because of the small amount of donors per year, they feel that they lack knowledge and are willing to learn more all the time. We Scandinavians think that they are very professional and are so cooperative and helpful under donation. We found out that the flowchart, which is used when heart, lung and/or liver are offered from Estonia, did not work all the time. The Estonians once had to wait for an answer for more than 1,5 hour. This is not acceptable, and we Scandinavians need to pay more attention so the cooperation will be better. When the Estonians have a donor, and a team is coming from sctp for an organ, they have 2 coordinators in work, one just to manage the transportations, and helping the team from abroad. The Estonian coordinators do all speak good English, and they all speak Russian as well, which can come to good use in Estonia.

The Estonians wanted to know how to react and what to do when they have an urgent patient, can they "call for help" to Sctp? and how? By sending out a 'Kind request' for the urgent patient, all centers in sctp will know about their dilemma, and can evaluate the situation.

The hospitality is great in Estonia, and we Scandinavians could learn a thing or two from them.

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